

*As a co-founding member of Dignity Inc., Marcel Brunel has dedicated the past fourteen years to working closely with various public and private organizations. His focus is on developing emotional literacy and emotional regulation skills that change lives and organizational trajectories. Emotions enable deep healing work to occur within the self, the ego, and past trauma. He aims to shift our thinking to focus more on prevention than reaction.*

*Marcel's approach to promoting emotional literacy and regulation provides focused insights beneficial to public and private professionals seeking to successfully navigate the evolutionary process of life, family, career, and retirement. As the co-author of *Dignity in Policing: How Emotional Wellness Saves Lives, Families, and Careers*, Marcel shares essential insights on enhancing performance through emotional regulation. Marcel gained these insights from working with over 100 public safety agencies of varying sizes and daily observation of the actions of more than 4,000 public safety officers.*

*Marcel's background includes 4 years of service in the U.S. Army from which he left service as a Sergeant. He holds a bachelor's degree in psychology from Texas A&M and has served as an instructor with the FBI National Academy, the Carruth Police Institute (CPI), the Law Enforcement Management Institute of Texas Leadership Command College (LCC), Texas Constables Leadership College (TCLC), Dispatching with Dignity (DID), and the Fire Executive Management Training (FEMT).*

