

## Dan Newby CV

Dan Newby, co-founder of Dignity Inc, has been focused on practical emotional education for the past two decades. He is the co-author of five books on emotional literacy and its application to daily life. He has twenty-five years' experience as a coach, teacher, and educator. His focus is on the basics of emotional regulation and the role emotions play in our decision-making, problem-solving, and relationship building.

In addition to co-authoring **Dignity in Policing: How Emotional-Wellbeing Saves Lives, Relationships, and Careers**, Dan's writing includes **The Unopened Gift: A Primer in Emotional Literacy** and **The Field Guide to Emotions: A Practical Orientation to 150 Essential Emotions**.

Dan has worked with clients globally including coaches, educators, leaders, health and well-being practitioners. His clients include those in manufacturing, technology start-ups, aerospace, communications, as well as a range of non-governmental organizations.